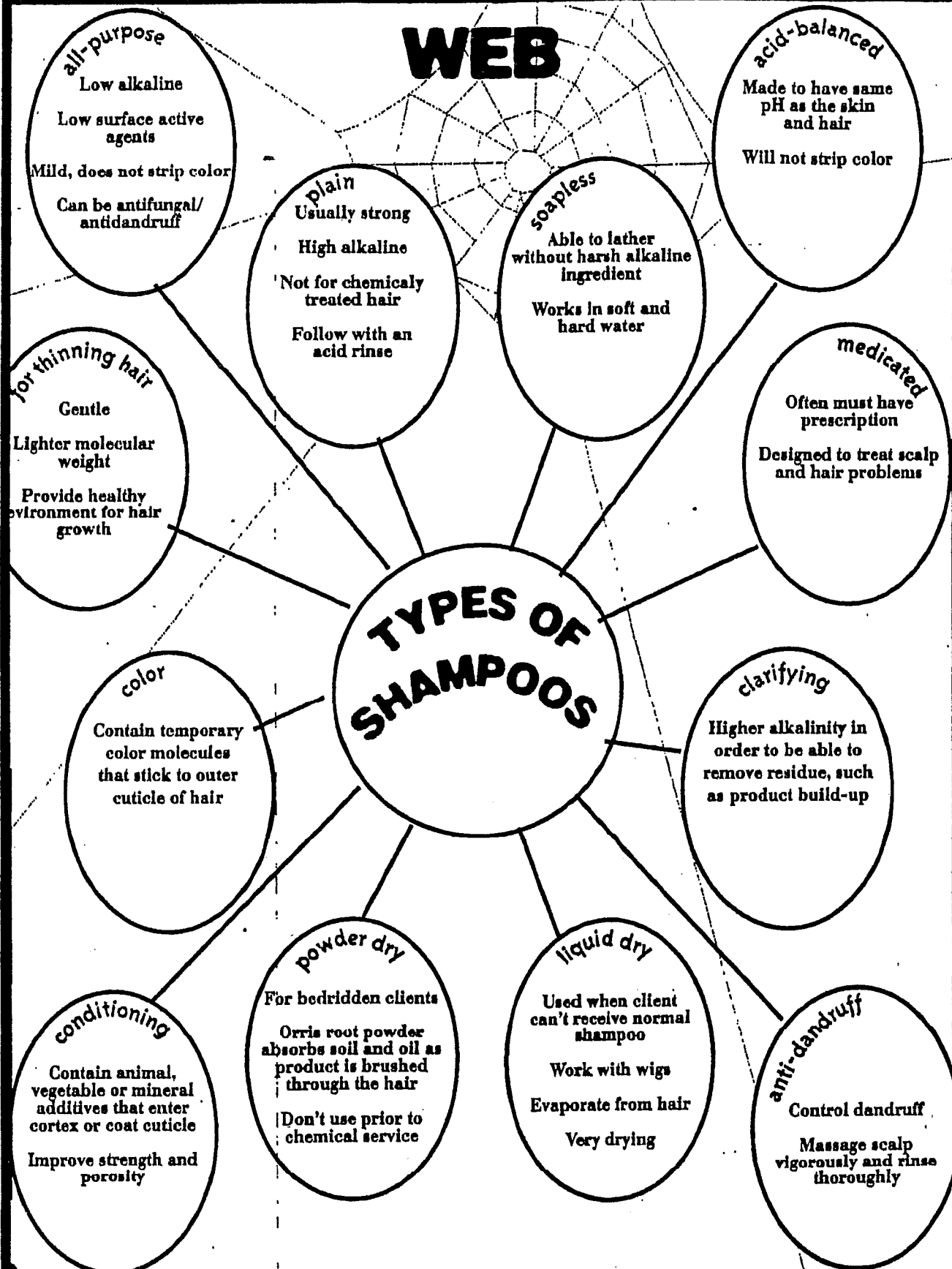


# WEB







## SHAMPOOING, RINSING, CONDITIONING

Purpose of shampoo- removes dirt & soil. Keep scalp & hair clean & disease free.

Water – soft – free from minerals (rainwater or chemically softened).  
– hard- contains minerals that lessen shampoo to lather.

Brushing hair before shampooing to remove tangles, increase blood flow, remove soil, and build-up increases flow of oil. Rotate brush on scalp using ¼" subsections following through to ends of hair. DO NOT BRUSH BEFORE ANY CHEMICAL SERVICE (COULD CAUSE IRRITATIONS).

Examine scalp & hair

Remove pins etc.

Drape correctly

Adjust water temperature

Wet hair

Apply small amount of shampoo in your hand & distribute throughout the hair

Massage with firm pressure with balls of fingers (No nails (could scratch scalp). Make sure you cover whole scalp. Ask client about pressure.

Rinse thoroughly

Repeat if necessary

Cup hands around face, ears, & neck to prevent client from getting wet

Gently towel dry (do not rub)

Clean bowl (hair from trap, rinse)

Remove client to station

Comb hair starting from ends & back. Work up head & hair strand

### Types of Shampoo:

PH balanced are between 4.5 to 5.5

Conditioning those that contain a conditioning agent

Medicated those that are used for a scalp disorder (dandruff) Physician prescribed

Dry shampoo for sick that can't wet hair. Very few on the market. Do not use before chemical service

Color shampoo to enhance color or help maintain color

Shampoo for wigs/hairpieces. Flammable. Use in well ventilated room





## SHAMPOOING, RINSING, CONDITIONING

### **Rinses:**

Acid: help remove soap scum & restore PH balance

Types of acid:

Citric: juice of lemon, lime, or orange

Tartaric: obtained from residue in wine

Acetic: present in vinegar

Lactic: lactose of milk or sugar

### **Conditioners or Cream Rinses:**

Creamy appearance, intended to soften hair, add luster, make hair easier to comb. May give false impression that hair has returned to healthy state. Overuse can cause build-up on the hair making it feel heavy & oily causing more frequent shampooing.

Acid balance rinse help to close cuticle after a chemical service

Medicated rinse used on dandruff

Color rinse used to add temporary color until next shampoo.



## **Malibu Treatment**

Used for Swimmers-Removes Chlorine and Copper & Green  
Helps Prevent Dry, Damaged Hair  
Safe for Children

### **Directions:**

Wet hair with warm water (For maximum benefit, cleanse hair thoroughly with Malibu Swimmers Action shampoo or clarifying shampoo prior to application;

Hold packet upright and then tear open. Pour Wellness Actives evenly across wet palm. Rub hands together adding water to dissolve crystals.

Apply throughout hair and scalp. The longer the exposure the better(up to 45 minutes). Cover with processing/shower cap or towel and put under the dryer,

Rinse thoroughly and follow with Malibu Swimmer's Action Conditioner







Code C

## pH Scale Worksheet (5 points)

1. A shampoo that is acidic can have a pH ranging from?  
☒ a) 0 to 6.9  
b) 7.1 or higher  
c) No pH value range
2. A shampoo that is alkaline can have a pH rating of?  
a) 0 to 6.9  
☒ b) 7.1 or higher  
c) No pH value range
3. The more alkaline the shampoo, the?  
☒ a) harsher the shampoo  
b) less harsher than acidic  
c) idea pH of hair
4. Can leave hair dry, brittle, and porous  
☒ a) Alkaline shampoo  
b) Acidic shampoo  
c) Low pH range
5. The ideal shampoo has a pH?  
☒ a) slightly acidic  
b) very acidic  
c) balanced between acidic and alkaline
6. Can cause fading in color-treated hair  
a) high pH  
☒ b) low pH  
c) no pH
7. The amount of hydrogen in a solution, which determines whether it is alkaline or acid, is measured on a pH scale that has a range from:  
☒ a) 0 to 14  
b) 0. to 6.9  
c) 7.1 or higher

